

CERTIFICATE OF PARTICIPATION

This is to certify that

Matthew Howes

Has successfully participated & completed the
5km Ezemvelo Trail Run Challenge 2017

held at Cowhouse Market.

TIME 00:50:45

PACE 10:09/km
OVERALL 19 of 38

GENDER 7 of 15
< 13 1 of 4

11 November 2017, Sat

Date



BoutTime

Signature

